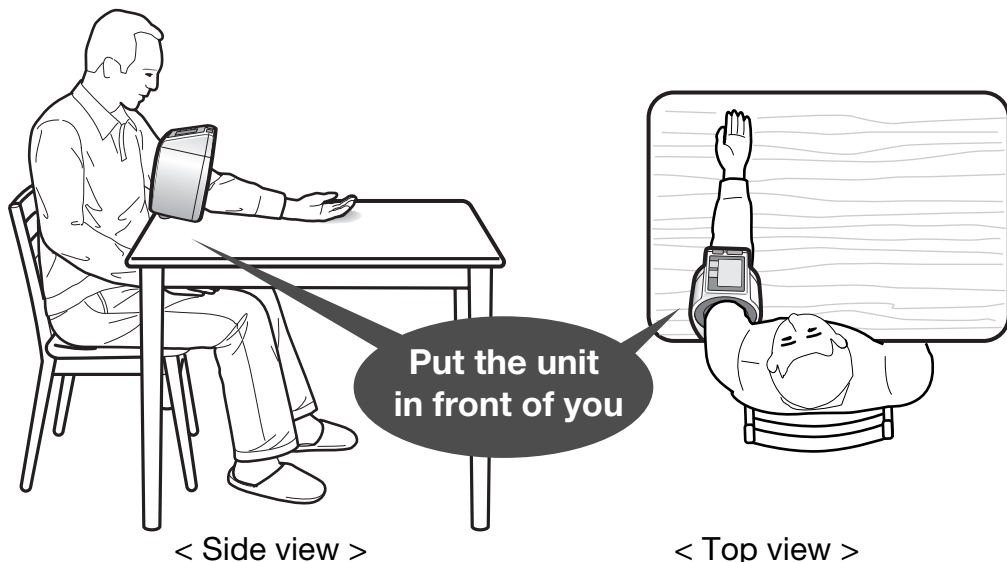


# Please maintain a relaxed, comfortable posture when taking measurements

If the Blood Pressure Monitor is placed too far away, you have to lean too far forward to take measurements. Please place the main unit as closely as possible in front of you and keep your body relaxed when taking measurements.



## Advice

Sitting parallel to the desk makes measuring easier.

